



spa de La Mer

BODY TREATMENTS AND RITUALS

Enjoy any of these ultra-luxe, deeply hydrating massages combining shea butter with highly concentrated, natural ingredients. In unison, these ingredients firm, plump and leave your skin feeling and looking radiant.

Choose from the following modalities:

FOUR HAND MASSAGE

The ultimate massage for the busy traveler. Receive twice the benefit with two therapists performing seamlessly synchronized therapeutic movements that induce deep relaxation.

60 minutes \$495

90 minutes \$755

DEEP TISSUE MASSAGE

Slow, strong strokes work deeper layers of muscle fibers in this therapeutic treatment. A deep tissue massage helps address patterns of tensions and habits that may lead to discomfort and misalignment.

60 minutes \$255

90 minutes \$355

AROMATHERAPY MASSAGE

A select blend of essential oils are incorporated into your massage, appealing to the body, spirit, and mind. A deep sense of relaxation will leave you with an emerging sense of calm.

60 minutes \$260

90 minutes \$355

Add La Mer Body Crème to any massage for \$35

HOT STONE MASSAGE

This treatment blends the therapeutic properties of heated basalt stones with Swedish massage strokes to relieve tight muscles, improve micro-circulation and promote a sense of calm and well-being.

90 minutes \$390

SWEDISH MASSAGE

This universally appreciated technique helps reduce tension, boost micro-circulation, and encourages deep relaxation. Smooth, long strokes and light to moderate pressure alleviate fatigue for a feeling of well-being.

60 minutes \$235

90 minutes \$335

MOTHER TO BE MASSAGE

Gentle relief for the discomforts of pregnancy. Your therapist will create a treatment suited to your specific needs using support pillows and specially adapted massage techniques that lead to a sense of comfort and relaxation. Recommended for women in their second or third trimesters.

60 minutes \$235

90 minutes \$335

BACCARAT LUXURY CONTOURING AND TONING BODY TREATMENT

A relaxing and targeted massage experience that focuses on the breakdown of fat deposits, using innovated slimming products designed to reduce the appearance of cellulite, an increased microcirculation process promotes elasticity, while deeply nourishing and smoothing the skin.

90 minutes \$650

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BACCARAT HOTEL & RESIDENCES NEW YORK

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